

KINESIOLOGY/EXERCISE SCIENCE
Associate in Arts
M.A.P.

Student should consult the STARS Guide for the specific course recommendations for the college or university to which the student plans to transfer.

Semester	Suggested Courses	Credit Hrs.
Fall 15 Credit Hours	ENG 101-English Composition I	3
	MTH 112-Precalculus Algebra	3
	HED 221-Personal Health**	3
	BIO 103-Principles of Biology I	4
	ORI 101-Orientation**	2
Spring 14 Credit Hours	ENG 102-English Composition II	3
	SPH 106-Fundamentals of Oral Communication OR SPH 107-Fundamentals of Public Speaking	3
	PED 103-Weight Training**	1
	PSY 200-General Psychology	3
	CHM 111-General Chemistry I	4
Fall 17 Credit Hours	Literature*	3
	History*	3
	Social/Behavioral Science	3
	BIO 201-Human Anatomy and Physiology I	4
	Fine Arts	3
	PED 106- Aerobics or PED 107-Aerobics Dance**	1
Spring 14 Credit Hours	Fine Arts or Humanities *	3
	History or Social/Behavioral Science*	3
	BIO 202-Human Anatomy and Physiology II	4
	HED 231-First Aid**	3
	PED 105-Personal Fitness**	1
TOTAL HOURS		60

*Student must complete a six-hour sequence in literature or history.

**A student will earn a Short-Term Certificate in Wellness Exercise Instructor by completing these courses along with the following: CFS 199, HED 299, PED 223, PED 295, PED 101 or 102, and PED 118 or 119.

AREA II				AREA III				AREA IV	
Literature	Fine Arts	Humanities		Natural Science w/Lab***		Mathematics		Social/Behavioral Sciences	History
ENG 251	ART 100	ENG 251	REL 100	AST 220	GEO 101	MTH 110	MTH 126	ANT 200	HIS 101
ENG 252	ART 203	ENG 252	REL 151	BIO 101	GEO 102	MTH 112	MTH 227	ANT 220	HIS 102
ENG 261	ART 204	ENG 261	REL 152	BIO 102	PHS 111	MTH 113	MTH 237	ECO 231	HIS 201
ENG 262	MUS 101	ENG 262	SPA 101	BIO 103	PHS 112	MTH 115	MTH 238	ECO 232	HIS 202
ENG 271	THR 120	ENG 271	SPA 102	BIO 104	PHY 201	MTH 120	MTH 265	GEO 100	
ENG 272	THR 126	ENG 272		CHM 104	PHY 202	MTH 125		POL 211	
		HUM 299		CHM 105	PHY 213			PSY 200	
		PHL 206		CHM 111	PHY 214			PSY 210	
				CHM 112				SOC 200	
				CHM 222				SOC 210	

***To satisfy your Natural Sciences requirement please note the following: If you take BIO 103, you cannot take BIO 101. If you take BIO 104, you cannot take BIO 102. If you take CHM 111, you cannot take CHM 104. If you take CHM 112, you cannot take CHM 105. If you take PHY 213, you cannot take PHY 201. If you take PHY 214, you cannot take PHY 202.