

**Salon and Spa Management – Manicure to Cosmetology (COS)**  
**Certificate**  
**M.A.P.**

*This program is intended for Alabama Board of Cosmetology and Barbering license holders **ONLY**. An individual must provide proof of a current Alabama Board of Cosmetology and Barbering license **or** evidence of completing a relevant training program which meets Alabama Board of Cosmetology and Barbering requirements.*

| Semester                             | Suggested Courses   | Semester(s) Offered*                      | Credit Hrs.  |
|--------------------------------------|---|---|--------------|
| <b>Semester 1</b><br>14 credit hours | COS 111 Introduction to Cosmetology   | Fall, Spring                              | 3            |
|                                      | COS 112 Introduction to Cosmetology Lab   | Fall, Spring                              | 3            |
|                                      | ENG 101 Written Composition I   | Fall, Spring, Summer                      | 3            |
|                                      | MTH 100 <b>or</b> Intermediate College Algebra <b>or</b><br>MTH 116 Mathematical Applications             | Fall, Spring, Summer                      | 3            |
|                                      | ORI 101 Orientation to College  | Fall, Spring                              | 2            |
| <b>Semester 2</b><br>12 credit hours | COS 113 Theory of Chemical Services   | Spring, Summer                            | 3            |
|                                      | COS 114 Chemical Services Lab   | Spring, Summer                            | 3            |
|                                      | COS 115 Hair Coloring Theory  | Spring, Summer                            | 3            |
|                                      | COS 116 Hair Coloring Lab   | Spring, Summer                            | 3            |
| <b>Semester 3</b><br>12 credit hours | COS 117 Basic Spa Techniques  | Fall, Summer                              | 3            |
|                                      | COS 118 Basic Spa Techniques Lab  | Fall, Summer                              | 3            |
|                                      | COS 144 Hair Shaping and Design   | Fall, Summer                              | 3            |
|                                      | SPH 106 <b>or</b> Fundamentals of Oral Communication <b>or</b><br>SPH 107 Fundamentals of Public Speaking | Fall, Summer                              | 3            |
|                                      | <b>Semester 4</b><br>9 credit hours   | COS 167C State Board Review - Cosmetology | Fall, Spring |
| COS 123 Cosmetology Salon Practices  |   | Fall, Spring                              | 3            |
| COS 190C Internship in Cosmetology   |   | Fall, Spring                              | 3            |

\*Course(s) may be offered in additional semesters, but are only assured to run in semester(s) indicated. It is **highly** recommended for course(s) to be completed in the semester(s) indicated.

Part-time students should consult with an academic advisor to establish an alternate degree completion pathway.