

Student Success Seminars

BEING A BETTER BUC

Martin Campus

FEBRUARY

Stress Management

Location: Martin Campus Wellness Center

February 20, 2019

1:30 p.m.

Health and Wellness

Stress Management Tips

Healthy Habit Development

Session Presenters: Dr. Milady Murphy and Wellness Center Staff

MARCH

Becoming the Best Candidate for the Job

Location: Martin Campus Room 2454 (SOAR)

March 20, 2019

1:30 p.m.

Interview Etiquette

Resume and Cover Letter Tips

Soft Skills

Session Presenter: Amy Henderson, Career Services

APRIL

Color Blind or Color Brave: Changing the Conversation

Location: Martin Campus Room 2454 (SOAR)

April 17, 2019

1:30 p.m.

Campus Diversity and Inclusion

Equality vs. Equity

Unconscious Bias

Session Presenters: Tiffany Myles and Kelly Griffiths, SSCC Diversity Committee

Join us on social media!

#SSCCBetterBUC



For more information, contact NorQuina Rieves at 205.391.2495 or nrieves@sheltonstate.edu.



SHELTON STATE
COMMUNITY COLLEGE

Office of Student Engagement
205.391.2375