



SHELTON STATE

COMMUNITY COLLEGE

Community Resource Directory for Students

Shelton State Community College makes no claims to the quality of care, treatment, or other services provided by the organizations and individuals listed herein. Additionally, inclusion in this directory does not indicate endorsement of policies or practices.

Shelton State Community College's Office of Student Engagement developed the following resource guide to provide our students with contact information for various agencies in the Tuscaloosa County area. Please feel free to contact the Office of Student Engagement should you need additional assistance. We are located in Office #1785, or you may call 205.391.2375.

COMMUNITY RESOURCES

Counseling/Therapy/Crisis Lines	
Organization	Phone Number
Capstone Family Clinic (UA campus)	205.348.8154
Family Counseling Services	205.752.2504
Indian Rivers Mental Health Center	205.752.2504
Jason Foundation (suicide prevention)	1.888.881.2323
Lifeline Solutions	205.737.3720
National Suicide Prevention Lifeline	1.800.SUICIDE (784.2433)
North Harbor Pavilion (mental health)	205.330.3838
Turning Point (women only)	205.758.0808
Domestic Violence and Sexual Abuse Programs	
Organization	Phone Number
Family Counseling Services	205.752.2504
Hannah Homes (women and children only)	205.553.0045
Turning Point (women only)	205.758.0808
UA Women's and Gender Resource Center	205.348.5040
Employment	
Organization	Phone Number
Alabama State Employment Service	205.758.7591
Easter Seals Youth Program	205.759.1211
JobCorp	205.758.7591
JOBS Program (Tuscaloosa DHR)	205.554.1137
Tuscaloosa Career Center	205.758.7591
Tuscaloosa One Place (Career and Personal Development)	205.462.1000
Food Assistance	
Organization	Phone Number
Community Service Programs of West Alabama	205.752.5429
Community Soup Bowl	205.752.2421
First Wesleyan Church	205.752.4251
Love Inc.	205.614.2849
Salvation Army	205.632.3691
SNAP and TANF Assistance	205.554.1100
St. Mark Food Pantry	205.339.2127
Temporary Emergency Services	205.758.5535
West Alabama Food Bank	205.333.5353

General Community Services	
Organization	Phone Number
Alabama Department of Rehabilitation Services (ADRS)	205.554.1300
Catholic Social Services	205.759.1268
Christ Episcopal Church	205.758.4252
Community Service Programs of West Alabama	205.758.5429
Focus on Senior Citizens	205.333.2990
Red Cross	205.758.3608
Salvation Army	205.632.3691
Temporary Emergency Services	205.758.5535
Utility Assistance	205.391.6647
United Methodist Children's Home	205.556.1512
United Way	205.345.6640
Youth Service Institute (UA)	205.348.6625
Health Department/Health Clinics	
Organization	Phone Number
AIDS Hotline (Alabama)	1.800.228.0469
Alabama Poison Control Center Hotline	1.800.222.1222
Good Samaritan Clinic	205.343.2212
Health Department (Tuscaloosa)	205.562.6900
James Ellis Health Center	205.752.1087 / 205.752.1517
Maude Whatley (medical and dental)	205.349.3250
Prescription Drug Assistance Program	1.888.477.2669
Tuscaloosa County Department of Human Resources (DHR)	205.554.1110
<u>Drug Screening</u>	
Community Correction	205.759.2137
Tuscaloosa Treatment Center	205.752.5857
Housing	
Emergency Housing	
Organization	Phone Number
Hannah Homes (women and children only)	
Jesus Way Homeless Shelter	205.759.9771
Salvation Army	205.632.3691
Turning Point (women only)	205.758.0808 / 205.554.1130
General Housing	
Organization	Phone Number
Community Service Programs of West Alabama	205.752.5429
Federal Housing Programs	205.248.5096
Habitat for Humanity	205.349.4629
Housing Authority (Section 8 program) – Northport	205.759.1827
Housing Authority (Section 8 program) – Tuscaloosa	205.758.6619
United Methodist Children's Homes	205.556.1512

Legal Assistance	
Organization	Phone Number
ADAP (Alabama Disability Advocacy Program)	205.348.4928
Armstrong Law (immigration lawyer)	205.210.4713
Hispanic Hotline	1.888.835.3505
Legal Services of Alabama	205.758.7503
University Law Clinic (domestic violence assistance)	205.348.4960
Money Management	
Organization	Phone Number
Cambridge Credit Counseling Services	1.800.235.1407
Consumer Credit Counseling Center	205.391.4577
Extension Office	205.349.4630
Habitat for Humanity	205.349.4620
Tuscaloosa One Place	205.462.1000
Mortgage, Rent, and Eviction Prevention	
Organization	Phone Number
Community Service Programs of West Alabama	205.758.5429
Utility Assistance	205.391.6647
Parenting/Adult-Care/Childcare/Preschool	
Organization	Phone Number
CAPS (Child Abuse Prevention Services)	205.758.1159
Caring Days Adult Day Care	205.752.6840
Community Services of West Alabama (Early Intervention)	205.752.3607
UA Child Development Resources Baby TALK Program	205.348.2650
Family Guidance Center of Alabama (Birmingham)	205.945.6000
Family Guidance Center of Alabama	1.800.499.6597
Focus on Senior Citizens	205.553.3133
Head Start	205.556.2613
Kids and Kin Program (childcare)	1.800.499.6597 / 205.554.1100
Parenting Assistance Lines (PAL)	1.866.962.3030
Success by Six (United Way)	205.345.6640
Tuscaloosa City Program (preschool)	205.759.3533
Tuscaloosa One Place (Family and Parenting Programs)	205.462.1000
Substance Abuse	
Organization	Phone Number
Alcohol & Abuse Helpline	205.554.0300
Alcoholics Anonymous (AA of Tuscaloosa)	205.759.2497
Bradford Health Services	205.750.0227
Indian Rivers Dual Diagnosis Treatment Program	1.888.653.5557
Phoenix House Inc.	205.758.3867
The Bridge	205.344.6483
Tuscaloosa Treatment Center	205.752.5857

Transportation	
Organization	Phone Number
Easter Seals	205.759.1211 / 205.722.1004
Kid One Transport	1.800.543.7143
Tuscaloosa Transportation Authority	205.343.2300
Tuscaloosa Department of Transportation	205.248.5800
National Hotlines	
Organization	Phone Number
Alabama Department of Mental Health	1.800.367.0955
Alcohol Abuse 24hr. Addiction Information and Treatment	1.800.236.9270
Alcohol and Drug Helpline	1.800.572.5766
Child Abuse National Hotline	1.800.422.4453
LGBT National Hotline	1.888.843.4564
National Domestic Violence Hotline	1.800.799.7233
National Sexual Assault Hotline	1.800.656.HOPE (4673)
Substance Abuse and Mental Health Services Administration	1.80.662.HELP (4357)



THERE IS HOPE!

*Through community service providers,
the Alabama Department
of Mental Health
offers help and assistance
for persons with mental illness,
intellectual disabilities,
and/or substance use disorders.*

The following two options

show how to find services

in your county through

the Alabama mental health system.

For more about ADMH:

www.mb.alabama.gov.

OPTION 1

The easiest way to find
the services you may need
is to call our referral line:

1-800-367-0955

This line is operated by
ADMH personnel who can direct you
to professional services in your area.

OPTION 2

You may use this chart to call
the point of contact in your county
for services related to
mental illnesses,
intellectual disabilities,
or substance use disorders.

POINTS OF CONTACT

COUNTY	MENTAL ILLNESS SERVICES	INTELLECTUAL DISABILITY SERVICES	SUBSTANCE USE DISORDER SERVICES
AUTAUGA	334-365-2207	334-285-2608	334-365-2207
BALDWIN	251-928-2871	251-947-5608	251-928-2871
BARBOUR	334-687-2323	334-687-9889	334-673-2143
BIBB	205-926-4681	205-333-1577	205-926-4681
BLOUNT	205-595-4555	205-625-3201	205-595-4555
BULLOCK	334-738-5279	334-738-5279	334-738-5279
BUTLER	1-877-530-0002	1-877-530-0002	1-877-530-0002
CALHOUN	256-236-3403	256-236-3403	256-236-3403
CHAMBERS	1-800-815-0630	1-800-815-0630	1-800-815-0630
CHEROKEE	256-927-3601	256-547-4407	256-927-3601
CHILTON	205-755-5933	205-668-1327	205-755-5985
CHOCTAW	1-800-239-2901	1-800-239-2901	1-800-239-2901
CLARKE	251-275-4165	251-947-5608	251-275-4165
CLAY	256-396-2150	256-396-2150	256-396-2150
CLEBURNE	256-463-2969	256-463-2969	256-463-2969
COFFEE	1-877-530-0002	1-877-530-0002	1-877-530-0002
COLBERT	256-764-3431	256-768-0901	256-764-3431
CONECUH	251-578-4545	251-578-4545	251-578-4545
COOSA	256-245-2201	256-245-2201	256-245-2201
COVINGTON	1-877-530-0002	1-877-530-0002	1-877-530-0002
CRENSHAW	1-877-530-0002	1-877-530-0002	1-877-530-0002
CULLMAN	256-734-4688	256-737-1915	256-734-4688
DALE	334-774-9112	334-774-5132	334-774-9112
DALLAS	334-875-2100	334-875-2100	334-875-2100
DEKALB	256-845-4571	256-547-4407	256-845-4571
ELMORE	334-567-8408	334-285-2608	334-799-7465
ESCAMBIA	251-867-3242	251-867-3242	251-867-3242
ETOWAH	256-492-7800	256-546-6016	256-492-7800
FAYETTE	205-932-3216	205-932-3301	205-932-3216
FRANKLIN	256-332-3971	256-768-0901	256-332-3971
GENEVA	334-684-9615	334-684-9615	334-673-2143
GREENE	1-800-239-2901	1-800-239-2901	1-800-239-2901
HALE	1-800-239-2901	1-800-239-2901	1-800-239-2901
HENRY	334-585-5331	334-585-5331	334-585-5331
HOUSTON	334-794-0731	334-793-3102	334-673-2143
JACKSON	256-259-1774	256-574-1149	256-259-1774
JEFFERSON	205-595-4555	205-397-0496	205-595-4555
LAMAR	205-695-9183	205-695-9183	205-695-9183
LAUDERDALE	256-764-3431	256-768-0901	256-764-3431
LAWRENCE	256-974-6697	256-355-7315	256-974-6697
LEE	1-800-815-0630	1-800-815-0630	1-800-815-0630
LIMESTONE	256-232-3661	256-355-7315	256-232-3661
LOWNDES	334-548-2578	334-548-2578	334-548-2578
MACON	334-727-7001	334-727-7001	334-727-7001
MADISON	256-533-1970	256-837-5777	256-532-4141
MARENGO	1-800-239-2901	1-800-239-2901	1-800-239-2901
MARION	205-921-2186	205-921-2186	205-487-2124
MARSHALL	256-582-3203	256-582-7528	256-582-3203
MOBILE	251-450-2211	251-450-5988	251-450-2211
MONROE	251-575-4837	251-575-4837	251-575-4837
MONTGOMERY	334-279-7830	334-288-1151	334-269-2150
MORGAN	256-355-6091	256-355-7315	256-353-9116
PERRY	334-683-9957	334-683-9957	334-683-9957
PICKENS	205-367-8159	205-333-1577	205-367-8159
PIKE	334-566-6022	334-566-6022	334-566-6022
RANDOLPH	334-863-2518	334-863-2518	334-863-2518
RUSSELL	1-800-815-0630	1-800-815-0630	1-800-815-0630
SHELBY	205-663-1252	205-668-1327	205-685-9535
ST. CLAIR	205-595-4555	205-814-0076	205-595-4555
SUMTER	1-800-239-2901	1-800-239-2901	1-800-239-2901
TALLADEGA	256-245-2201	256-245-2201	256-249-2395
TALLAPOOSA	1-800-815-0630	1-800-815-0630	1-800-815-0630
TUSCALOOSA	205-562-3700	205-333-1577	205-562-3700
WALKER	205-387-0541	205-387-0541	205-387-0541
WASHINGTON	251-847-2301	251-450-5988	251-847-2301
WILCOX	334-682-4499	334-682-4499	334-682-4499
WINSTON	205-486-4111	205-302-9020	205-486-4111